



ПРОВІНЦІЙНА УПРАВА СУМК НА АЛЬБЕРТУ
СУМК- U.O.Y. ALBERTA REGION

ВИКЛИК

Winter 2009

AB Provincial Executive:

President- Larissa Pohoreski
larissa.poho@hotmail.com

Vice President- Stephan Pacholok
stephanpac@hotmail.com

Treasurer- Stephan Maslo
stephan.maslo@gmail.com

Secretary- Markiana Baziuk
m.baziuk@hotmail.com

Past President- Katrina Baziuk
goofy_gal4@hotmail.com

Chaplain- Father Mykola Sawchenko
fathermykola@hotmail.com

Advisors- Lesia Pohoreski
barvnok@shaw.ca
MaryAnn Baziuk
mbaziuk@shaw.ca



A MESSAGE FROM AB СУМК!

Христос Народився! Славте Його!
Christ is born! Let us glorify Him!

Welcome to the winter edition of Vyklyk! Thank you to all of the locals who sent exciting submissions and pictures of their local СУМК happenings! Make sure to check out what everyone's doing, as well as the information on the upcoming Calgary Jamboree at the end of February. Also, another reminder to send in provincial СУМК membership fees as soon as possible! Keep sending updates of your upcoming local events! It is great to spread СУМК culture, religion and friendship!

Over the break, Larissa and Marki visited Saskatoon for some СУМК bonding. They met with S'toon's local and provincial executives to discuss AB/SASK retreats and made some exciting plans for the future. To bring you into the loop, Alberta will be hosting another "Zustrich," inviting Alberta and Saskatchewan СУМКivtsi; Saskatoon is also planning an Alberta, Saskatchewan, and Manitoba weekend at the end of May. Get ready- these weekends are going to be a GREAT SUCCESS!!



Meeting with Saskatoon СУМКivtsi

St. John's Sr. CYMK – Edmonton December 2008

Слава Ісусу Христу!

On October 5, our Sr. and Jr. CYMK locals kicked off our year by putting together a fantastic team for CIBC's Run for the Cure. We are proud to have raised a total of \$1885! We stood out amongst the crowd looking fabulous wearing our hot pink striped leg warmers and matching headbands! Go CYMK Go!



In October, St. John's CYMK also attended the annual Alberta CYC Convention. The weekend was definitely a memorable one! Next on the list, CYMK organized a Folktale Masquerade for the children of our parish. Everyone dressed up in their costumes and it

was an evening of fun games, crafts and activities, as well as lots of snacks, treats and sweets! On November 11th, CYMKivtsi attended the Panakhyda church service at St. John's in honour of Remembrance Day, and followed this service with a light lunch in the foyer of the church. CYMKivtsi also made a presence at the Holodomor Celebration at St. John's to recognize the famine genocide that killed so many innocent people during the rule of Stalin.

Now, during this busy, festive time of year, CYMKivtsi will be taking some time to help out those less fortunate. We are volunteering at Hope Mission on December 27 to help prepare and serve meals for the homeless. We have also set up a donation box at the front of our church collecting scarves, mitts, toques and other winter clothing.

Also, in December, we are looking forward to going snow tubing at Sunridge followed with a Christmas social, where we will be exchanging Secret Santa gifts! In the New Year, CYMKivtsi plan on going carolling to Dnipro Senior's Centre and of course it will be fun to perform a new version of our annual Malanka skit.

Our upcoming Spring Pushchennya "Valentine's Ball" on Friday, February 13, 2009 is promising to be a most eventful night and one you do not want to miss! We will dance the night away with music by DJ Roman Brytan!

St. John's Senior CYMK has 15 paid members, and the advisors are MaryAnn Baziuk, Lorraine Ferbey, and Vivianne Kruhlak. Our executive for the 2008/2009 year:

Solomia Tsisar - president	solomia2002@msn.com	(780) 468-9148
Katrusia Pohoreski vice-president	sk8er_2c@hotmail.com	(780) 469-8626
Tanya Pacholok- secretary	grapefruit_tree@hotmail.com	(780) 465-4634
Stefan Kruhlak- treasurer	stefksports9@hotmail.com	(780) 468-9148

Wishing everyone a blessed Ukrainian Christmas and a most happy 2009. Christ is Born!!! Let us Glorify Him!!!

Submitted by Tanya Pacholok, Solomia Tsisar, and Vivianne Kruhlak



St. Anthony's CYMK – Edmonton

Христос Народився! Славіте Його!

Christ is born! Let us glorify Him!

Upon the joyous celebration of Christ's birth, the Youth Group would like to extend their wishes for a blessed Christmas and upcoming year.

St. Anthony's Youth Group has been active over the last few months participating in a variety of spiritual, social and outreach activities. Some highlights included participating in a series of talks on the Seven Deadly Sins presented by Reader Evan, enjoying movie night, ushering in church, and helping out with the Christmas Outreach Dinner. Not only have we had the opportunity to get to know one another better but also socialized with other Orthodox youth. Some members of St. Anthony's joined together with other Orthodox youth from around Alberta for fun filled CYMK weekend retreat that took place at St. John's as part of the Alberta CYC Convention.



Our Youth Group also took part in the 2008 Gulu Walk which raised awareness and funds for the plight of child soldiers in Uganda. The day was cold and very windy but the members who participated braved through the conditions to fulfill their commitment! The 'Youth Helping Youth' fundraiser began with a video presentation of the documentary "Invisible Children" on October 10th. Through the sponsorship of parish members along with a parish bottle drive, the Youth Group raised over \$1,300 for this great cause!

Our 2008/2009 executive is:

Kristen Dochuk- president

Orysa Svystun- vice- president

Mackenzie Reed- secretary

kdd_23@hotmail.com

orysa_s@hotmail.com

mackenzie_reed@canada.com



Be sure to watch for updates and future events. Interested youth are always welcome to join us!

Merry Christmas!
St. Anthony's Youth Group



St. John's Jr. CYMK – Edmonton

Greetings from St. John's Jr CYMK where there is always something exciting happening. Our 2008-09 year is going great thanks to all of our enthusiastic members. We have 16 paid members for this year and our advisors are Diana Kuchta and Gerald Kruhlak. Our executive is as follows:

President- Andriy Kruhlak	hockeyman242@hotmail.com	(780) 468-9148
Vice-president- Katelyn Kuchta	dkuchta@shaw.ca	(780) 469-8626
Secretary- Emily Ferbey	pebblesrock2@hotmail.com	(780) 465-4634
Treasurer- Lukian Kruhlak	vkruhlak@telus.net	(780) 468-9148

Since the provincial convention weekend in October, members helped at the Bishop's Installation Dinner on Sunday, October 26, attended Sr. CYMK's Folk Tale Night on Nov 7, attended Remembrance Day Panachyda at St. John's on Nov 11, helped at the church bake sale on Nov 28, held monthly meetings on Nov 2 and Dec 7 and held a raffle at the St. Nicholas brunch on Dec 14. We have been keeping busy that's for sure!!!

Over the holiday season, older Jr CYMK members will be helping at Hope Mission on Saturday Dec 27 preparing and serving lunch to the homeless. We are doing this in conjunction with Sr CYMK. Then on Sunday, Dec 28, we are off skating followed by a pizza supper and movie night at the Kruhlak home. We will also be doing a Secret Santa gift exchange on this night. Hope it isn't too cool for skating but we will always have hot chocolate to warm us up!!!

Going into January, some of the older Jr CYMK members will be involved in the Malanka skit at St. John's Malanka on Friday, Jan 9. On this night too all Jr and Sr CYMK members will join together to provide everyone in attendance with some joyous carols for the Ukrainian Christmas season. Malanka is going to be a special and exciting evening. We also hope to organize a few carolling groups to visit parishioners homes for Ukrainian Christmas.

Jr CYMK is a great way to make new friends and keep other friendships going strong. We have a lot of fun and membership is open to all children from grade 3 to grade 8. Come and join in the fun!!!

All the best for the Ukrainian Christmas season and much peace and happiness to all in 2009. Christ is Born....Let us Glorify Him!!!

Submitted by Gerald (advisor) and Andriy (president) Kruhlak Household



Vegreville CYMK Parade and Lock-In Weekend

The last weekend of November was a busy one for the Vegreville CYMKivtsi. Friday, right after school, CYMKivtsi gathered at the church to decorate a float for the Light-Up Parade. For the parade we walked behind our float and handed out candy. Everyone had fun and we plan to do it again next year.

On Saturday we held a "Lock-In" which was open to all of Alberta's Junior CYMKivtsi. The evening began with Vespers. Everyone who attended agreed that this was a very beautiful service and a great way to kick off such a fun event. We then went down to the church basement for more activities and a very delicious Lenten meal. We played some icebreakers and many other entertaining games. The favourite game of the evening was "Catch Phrase"- this game involves team members guessing words that one of their team members describes. There was lots of giggling! Everyone also enjoyed making a craft. Fr. Peter Haugen and Fr. Michael Maranchuk

instructed a very brief and informative religion lesson. We then continued on with a Vegreville Lock-In tradition -our annual talent show, which we titled "CYMK's Got Talent". Each CYMKivets/ka was given five minutes to prepare an act- either a solo or a group item. Who knew all of the CYMKivtsi were so talented! We ended the night by watching "Evan Almighty," which carried on into the early morning. We managed to get some sleep, but little time was to be found for it. The next morning we all woke up bright and early and got ready to go to church. We all went to confession and communion and sang Otche Nash during the liturgy. The Lock-In was a very fun and memorable event for all who attended. Plans are already underway for the Lock-In next year. A tentative date has been set for it to be held on November 28, 2009.



Our Float

Submitted by Alexandra Maranchuk



Meal at the Lock-In




Religion Lesson at the Lock-In



АВ- ВИКЛИК

St. John's Malanka





АВ- ВИКЛИК



Calgary Senior CYMK
Winter Jamboree
"UKRAINIAN PRIDE"

FEBRUARY 27, 28 & MARCH 01, 2009

St. Vladimir's Ukrainian Orthodox Church Cultural
Center

404 Meredith Road N.E., Calgary

FRIDAY, FEBRUARY 27 - Social Night

7:00 - 11:00pm

- Registration / Meet Your Billets
- Snacks
- Icebreakers

SATURDAY, FEBRUARY 28

Breakfast at billets.

9:30am - Moleben

10:00am - 12:00pm - Choral Workshop

Phonetics will be available for non - Ukrainian readers. Everyone can sing!

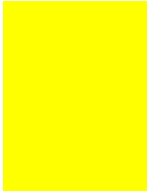
12:00 noon - Lunch

1:00pm - 2:00pm - Fr. Tim Chrapko "On The Hot Seat"

2:00pm - 4:00pm - Team T-Shirt / Banner / Flag Activity

5:00pm - 6:30pm - "Team Mission Impossible" (COP Gymnastics Club)

7:30pm - Supper



8:30pm - 12:00pm - Zabava (Semi-Formal)

SUNDAY, MARCH 01 - CHURCH

9:00am - MEET AT ST. VLADIMIR'S FOR DIVINE LITURGY

CYMKivtsi are welcome to join the Church Choir in singing the Divine Liturgy.

CYMKIVSTI WILL BE PARTICIPATING IN THE DIVINE LITURGY, SO PLEASE WEAR YOUR UKRAINIAN BLOUSES/SHIRTS FOR CHURCH.

LUNCH TO FOLLOW THE DIVINE LITURGY.

****THINGS TO BRING WITH YOU FOR THE WEEKEND****

- UKRAINIAN BLOUSE/SHIRT + BLACK SKIRTS/PANTS (FOR SUNDAY)
- WHITE T-SHIRTS / UKRAINIAN SUPER-HERO GEAR ("TEAM MISSION IMPOSSIBLE") TO WEAR AT GYMNASISTICS FACILITY (NO DENIM ALLOWED)
- SEMI FORMAL ATTIRE (FOR SATURDAY ZABAVA)
- YOUR SMILES AND WILLINGNESS TO TRY NEW THINGS!

REGISTRATION FEES FOR WEEKEND:

Current CYMK Members and Advisors - \$20.00 PER PERSON

(TO BE RECEIVED BY FEBRUARY 14TH, 2009)

Registration fees cover costs of all meals, sports activities and Zabava.

REMEMBER TO SEND IN REGISTRATIONS ASAP!

****COSTS****

Saturday, February 28, Supper & Zabava	\$10.00 (Limited Number Available to Parents of CYMKivsti & Orthodox Youth)
Saturday, February 28, Zabava ONLY	\$5.00 (At the Door)

**COSTS ARE GENEROUSLY SUBSIDIZED BY
CALGARY TYC AND UWAC BRANCHES**

REGISTRATION FORM
(Please complete one per person)

Calgary Senior CYMK-UOY Winter Jamboree
St. Vladimir's Ukrainian Orthodox Church and Cultural Centre
404 Meredith Road NE, Calgary, AB

February 27, 28 & March 01, 2009

Name _____ Phone (____) _____

Email _____

Address _____

Postal Code _____

(Please check) CYMK _____ CYMK Advisor _____

Do you require a billet? Yes / No

Additional Dinner and Zabava Tickets - \$10 (how many) _____

Will you be attending the Luncheon on Sunday? Yes / No

Please make cheques payable to: **Calgary Sr. CYMK**

Mail registration form to:

Julianna Michayluk
919 - 30th Avenue NW
Calgary, AB
T2K - 0A2

For further information, please call / email:

Katrina Michayluk

(403) 282 - 0398

dance_queen_forever@hotmail.com